

Welcome back everyone and a very warm welcome to all the new members and their families. The 2009 Physie season is already well underway and we have such an exciting year planned ahead (as you will see further into this newsletter) so please make sure you put all the dates in your calendar now.

Before I go any further, would like to make a special mention that Jann Smith (President), Marion Cadman (Secretary) and Leanne Crawford (Treasurer) have all stepped down from the Committee this year after so many years of running this club. They have done an absolutely wonderful job and the club would not be where it is today if they were not at the helm. There is so much behind the scenes work that goes into managing a successful club and you seem to have done with so much ease. On behalf of everyone at Menai physie, I would like to say a HUGE thank you.

A new committee has now been formed and congratulations to you all. Here is the committee for 2009:

President - Leanne Boothman
Vice President - Sue Hampton
Secretary - Sharon MacDonald
Treasurer - Michelle Luckman

Apparel Co-Ordinator - Raena Huxley
Team Mum Co-Ordinator - Danielle Cush
Property Co-Ordinator - Helen McGrath

Classes & Watch Weeks: (A note from Miss Charis)

In order to get the best out of the girls and to maintain their attention for the length of the lesson, I ask that no parents be allowed in the classroom during their daughter's lesson unless prior arrangements have been made with me. I will however, have Watch Week which will be held the first full week of each month in Terms 1 & 2 where parents are welcome and encouraged to come along and watch. This is how we have always run our classes and we believe it is how we have maintained our very successful girls.

Due to our finely tuned timetable our teachers do not always have time between classes to talk to parents. If you have questions for any of the teachers you can email them at menaiphysie@hotmail.com putting the teachers name in the subject line or for the Juniors you can talk to our Junior team mum Danielle Cush. Of course the teachers are always available for urgent matters.

Fees - Attached is note and explanation of fees for Installment 1. Payment is due by 30th March, 2009

Bunnings BBQ

Well, where do I start - what a great day this was! We had our first ever Bunnings BBQ on Sunday 15th February and the whole day ran so smoothly as though we had done this many times before. Apart from a few raindrops here and there, everybody seemed to be having such a great time and there was even a couple of people (not mentioning any names) who had to be dragged away after their shift had finished cause they didn't want to miss out on the all the action. We sold almost 1000 snags and bread rolls, 30 Kilos of onions & hundreds of drinks and have had feedback that this amount could be a record for Bunnings. Well done and I would personally like to thank everybody that was involved with the BBQ, to see so many enthusiastic members and parents giving up their time and helping out is extremely moving.

Also from this day, our club raised and donated \$500 to the Victorian Bushfire Appeal and Bunnings have expressed their appreciation by giving us the opportunity to hold another BBQ and of course we have taken advantage of this. So, if you are able to help out at the barbie on **Sunday 5th April** for an hour or two please email your preferred time to menaiphysie@hotmail.com

Shopping Tour - Sunday, 3rd May

BARGAINS, BARGAINS & MORE BARGAINS! The bus is booked and the shops are ready for us (I hope). It's the week before Mother's Day so this is perfect timing to do some great shopping. If you've been on a Shopping Tour before, you will know how much fun they are but if you haven't experienced one, then this is the one not to miss. It's a great way to meet other ladies and mums in the club and you are more than welcome to bring a friend, sister, mum etc. We'll make time for morning tea and lunch and have giveaways during the day. Cost per ticket is \$49 per person which includes the bus, your morning tea and 2 course lunch.

*Here's a bit of a bonus for you: If you bring along another person who is **NOT** a member/teacher of Menai Physie and not one of the Junior mums, you will both get your ticket for \$44.50 each. But hurry this is only available for the first 12 people that book and pay. Contact Camille on 9792 1705 or 0402 412 986. All bookings and payment must be made by 20th April, 2009*



Thankyou to our Major Sponsor...CLUB MENAI



20 Year Anniversary Dinner - Saturday, 13th June

This year our club is turning the big '20' and to celebrate this significant occasion, we are holding a function with dinner etc at Club Menai. More information on this will be available in the coming weeks but put this in your calendar now.

If anyone has any physie photos from the past 20 years that we could borrow for the Anniversary, could you please start gathering these and will let you know in the near future who to give them to.

Trivia Night

We will be holding a Trivia Night possibly in July. Details to come in next newsletter.

Physie Blankets

If anyone is interested in a Menai physie blanket we have some for sale. These handy fold-up blankets are ideal to use for stretching before comps and are great to wrap around you before and after you compete. Cost is \$25 but hurry there is only about 10 left. To purchase these, contact Sue Hampton on 0411 772 864 or email menaiphysie@hotmail.com

Advertising

We also offer the opportunity for people to advertise in this newsletter. If you or anybody you know would like to promote their business, we welcome this for a very small fee of \$20 per edition.

Stretch Class

Charis would like to reintroduce the Saturday stretch class. This would commence 21st March at 10.30am. This is of great benefit to all the girls but will only be run if we get enough numbers. If you are interested please let Charis know ASAP.

THE END.....Finally!