

HAPPY 30TH BIRTHDAY TO MISS CHARIS FOR THE 8TH MAY.
WE HOPE YOU ENJOYED YOUR SPECIAL DAY!

Classes - Now that we are into 2nd Term, Miss Charis would like to see all girls attend 2 classes a week if possible. Watch week will continue to be held this term which is the first full week of each month.

Fees - Attached is note and explanation of fees for Installment 2. Payment is due by 1st June, 2009

20 Year Anniversary Dinner - Saturday, 13th June

As mentioned in an earlier newsletter and I'm sure everyone is definitely aware by now, Menai Illawong Physie is celebrating "20 Years" and as such is holding an Anniversary Dinner which is being held at Club Menai. This promises to be a great night and will include past highlights, silent auction, raffles, DJ & more.

For all you people who have not yet sent back your RSVP, this along with your payment needs to be received no later than 25th May as numbers need to be confirmed to Club Menai.

If anyone has not received an invitation and is interested in attending, please contact Camille by phone on 9792 1705 or email to menaiphysie@hotmail.com

Also, if anyone has any physie photos from the past 20 years that we could borrow for the Anniversary Dinner, could you please pass them onto Jo Walsh asap.

Interclubs - As a result of holding the 20th Anniversary Dinner, it has been decided that we will not have our own interclub this year. The 2 Interclubs that we will be attending are:

Naraweena - Sunday 9th August 2009 Cost \$8.00 per competitor. To be held at Beacon Hill Public School Tristram Rd, Beacon Hill. It will commence at 9.00am sharp and will run in age order. It is estimated that all juniors up to 13 years will be finished by lunchtime. 13 years to ladies will be after lunch.

North Ryde - Sunday 16th August 2009 Cost \$8.00 per competitor. To be held at Holy Cross College Victoria Rd, Ryde (Opposite Ryde swimming pool & leisure centre). It will commence at 9.30am. Timetable for this interclub will be forwarded to you by email.

At both interclubs there will be novice sections if there are enough numbers.

Please complete the form attached to the newsletter and return to the fees box with your money by 30th May, 2009. All members are encouraged to attend both interclubs.

Note: Level reached in 2008 needs to be completed for up to Novice Seniors. ie: recharge, nationals, new (if it is your 1st year). Open seniors and ladies need to put age group.

Should you have any questions regarding the interclubs, please speak to Sharon Macdonald or email menaiphysie@hotmail.com

Uniforms & Tracksuits

Now that all the uniform and tracksuit orders have been finalised, they will take approx 4 weeks for delivery. If you have placed an order for clothing, your account is attached and payment needs to be made by the 8th June by either cash or direct deposit into Menai physie account (details for this is on the Term 2 Fees notice).

A note to the Ladies from Jo

Just like to say how impressed I am with all the ladies at this stage of the year. In 10 weeks we have learnt all the syllabus and they are managing it very well (except the end of the Warm-up - which I haven't even mastered myself!!). I am looking at putting the teams together over the next couple of weeks (on paper only!!) and then we'll start practicing in June for the up and coming competitions!!

Physie Blankets - If anyone is interested in a Menai physie blanket we have some for sale. These handy fold-up blankets are ideal to use for stretching before comps and are great to wrap around you before and after you compete. Cost is \$25 but hurry there is only about 10 left. To purchase these, contact Sue Hampton on 0411 772 864 or email menaiphysie@hotmail.com

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